

Association of *p53* Gene Mutation With *Helicobacter pylori* Infection in Gastric Cancer Patients and Its Correlation With Clinicopathological and Environmental Factors

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Abstract

Background: Gastric cancer is also a leading cancer in Bangladesh like that of the global incidences. It is speculated that environmental, bacterial infection and molecular factors might have been carrying the key role of rising trend of the disease. This study was aimed to investigate the association of mutated *p53* gene with of *Helicobacter pylori* (*H. pylori*) infection, clinicopathological and some environmental factors of the gastric cancer patients.

Methods: This cross-sectional study was carried out from January 2015 to December 2016 in a specialized cancer hospital of Bangladesh. Patients were selected randomly who were admitted for surgical intervention after diagnosis as adenocarcinoma of the stomach and physically fit for surgery. After admission proper evaluation of the patients was done. Tissue sample from the gastrectomy specimen along with the blood sample was sent to the related laboratories. After DNA extraction for *p53*, exons 5 and 6, they were adjusted for proper primer designing. Appropriate sequencing analysis of the result was done. Status of *p53* was investigated to see their association with the result of the *H. pylori*, age and sex, tumor status, smoking and extra salt intake of the patients. Result of the study was calculated and analyzed by Chi-square and binomial logistic regression to find the association amongst them.

Results: Among the 71 patients, mean age was 52.96 years old, male: female ratio were 48:23, age group above 41 years were 53 (74.6%),

proliferative and ulceroproliferative group of the tumor dominated (87.3%). There were 52 cases with (73.2%) *p53* mutation. Among the 51 *H. pylori* positive cases, 41 (80%) had *p53* mutation ($P = 0.033$). Tumor size and lymph node status were found to be associated with the gene mutation ($P = 0.05$). Age also had strong correlation with the mutation ($P = 0.015$). Gene mutation was found mostly among the younger (≤ 40 years) group of patients (94.4%). Patient with extra salt intake was also found related with the mutation ($P = 0.03$).

Conclusions: Environmental and genetic factors seem to be risk factors for gastric cancer in Bangladesh. Nationwide anti *H. pylori* drive and further molecular research could elicit the other risk factors which might help to reduce the gastric cancer incidences in the country after taking appropriate measures.

Keywords: *P53* gene; *H. pylori*; Gastric cancer; Environmental; Clinicopathological; Risk factors

Introduction

Gastric cancer (GC) is now a leading cause of cancer-related morbidity, causing 9.7% of all cancer-related mortality around the world [1]. Almost 1 million new cases of stomach cancer were estimated to have occurred in 2012 (952,000 cases, 6.8% of the total), making it the fifth most common malignancy in the world, after cancers of the lung, breast, colorectum and prostate [2]. More than 70% of cases (677,000 cases) occur in developing countries (456,000 in men, 221,000 in women), and half the world total occurs in Eastern Asia (mainly in China) [2]. Though Bangladesh is lacking a population-based statistics or national cancer registry for cancers; there are very few hospital-based statistics. According to the reports from the national guideline on GC management it is ranking as the fifth most common cancer and the third most common among the males. From the unpublished data across the country from different medical institutions it has been estimated that GC possesses the second position after lung cancer in males [3].

GC may be caused by environmental or lifestyle risks, host genetic polymorphisms, as well as ageing [4]. Many laboratory studies have pointed to roles for carcinogenic substanc-

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es, including amine pyrolysate products and nitrosamines. A probable risk factor for stomach cancer is salt or salty foods, which act synergistically with *Helicobacter pylori* (*H. Pylori*) infection in the development of stomach cancer in experimental animals and humans [5]. Some risk factors are described in the literature: smoke is highlighted by the International Agency for Research on Cancer (IARC) [6]; *H. pylori* also labeled as an important factor for GC [7-9]. So it is now almost a settled issue that interaction among environmental factors, host genetic polymorphism and bacterial virulence collectively influence the clinical outcome of *H. pylori* infections [10, 11].

Numerous cytogenetic and molecular genetic studies reached to a common consensus that oncogene over expression, suppressor, mutator, methylator pathway hypotheses, and mismatched DNA repair, but exact molecular mechanisms of GC development remain elusive [12, 13].

The *TP53* is a tumor suppressor gene encodes a main regulator of cell growth and division. Studies showed that mutations in *TP53* are present in a range of 40-70% of early and advanced GCs, and inactivation of *TP53* resulting from loss of heterozygosity (LOH) is found in 60-70% of intestinal-type GCs. All collectively exponentiate this gene among the most frequently mutated genes in cancers [14]. Still studies are needed to settle the issue regarding the prevalence of *TP53* mutations and its relationship to clinicopathological features of GC [13, 15]. Frequent *p53* mutation has been shown in many human cancers; thus, this gene has been associated with carcinogenesis in humans. Gastric mucosal integrity is maintained by apoptosis balanced with cell proliferation. This balance of epithelial cell turnover is altered in the gastric mucosa of patients with GC. With regard to apoptosis, many studies have shown an increased expression and mutation of *p53* in *H. pylori* infected gastric mucosa. Therefore, the alteration of the *p53* gene is recognized to play a role in gastric carcinogenesis in subjects infected with *H. pylori* [16, 17].

In Bangladesh though stomach cancer is a leading cancer and also an important cause for cancer-related death, we have yet to find environmental, molecular and important risk factors. So far, we don't have any in depth or molecular study. Like in other developing countries *H. pylori* infection is also prevalent in Bangladesh. In a recent study on dyspeptic patients 67% of the subjects showed evidences for *H. pylori* infection in gastric biopsy samples taken by endoscopy [18]. This study was aimed to identify the status of *p53* mutation, to find its association with *H. pylori* infection and other clinicopathological and environmental factors in GC patients.

Materials and Methods

This was a cross-sectional study carried out from January 2015 to December 2016 in the Department of Surgical Oncology, National Institute of Cancer Research and Hospital, Mohakhali, Dhaka, Bangladesh.

Patient selection

After endoscopic diagnosis of the stomach adenocarcinoma,

the patients who were preliminarily selected for surgical candidates were admitted for surgical intervention. Diagnostic workup was completed by routine hematological tests, investigations for general anesthesia, ultrasonography abdomen and in selected cases computed tomography (CT) scan of abdomen. Patient was randomly assigned as every alternate patient was taken into the study when they were finally selected for surgery. Surgeons were unaware of the subjects. Informed consent for surgery and study were taken from each patient. Approval was taken from the Institutions' Ethical Committee. For *H. pylori* antibody laboratory facilities were taken from the Department of Biochemistry Bangabandhu Sk Mujib Medical University, Dhaka.

Exclusion criteria

Patients with GCs other than adenocarcinoma, preoperative chemotherapy, radiotherapy, other organ malignancy and those who were unwilling to take part in the study were excluded from the study.

Procedure

Tissue collection

Normal and tumor tissues were extracted from the specimen immediately after resection. The specimen surface was washed with normal saline prior to fragment extraction to avoid DNA contamination. Areas of tissue extraction from the specimen were demarcated for routine pathologic examination. Only tissue fragments containing suspected tumor tissue were included for *p53* analysis. Normal areas were used as controls.

DNA extraction and optimization

Tissues were stored at -80 °C before DNA purification and extraction. After that tissue was sent to the Laboratory of Genetic Engineering and Biotechnology Department of Centre for Advance Research in Science (CARS), University of Dhaka, under a memorandum of understanding with Surgical Oncology Department for PCR, sequencing and analysis.

In the laboratory tissues were incubated overnight at 55 °C in a buffer containing 100 mM TRIS-HCl (pH 8.5), 5 mM EDTA, 200 µg of proteinase K/mL, and 0.2% sodium dodecyl sulfate. The samples were cooled to room temperature, and DNA was precipitated with isopropanol and dissolved in 500 µL of buffer containing 10 mM TRIS (pH 8.2) and 1 mM EDTA.

Primer sequences

The overlapping primer sequences were used for amplification of *p53* gene.

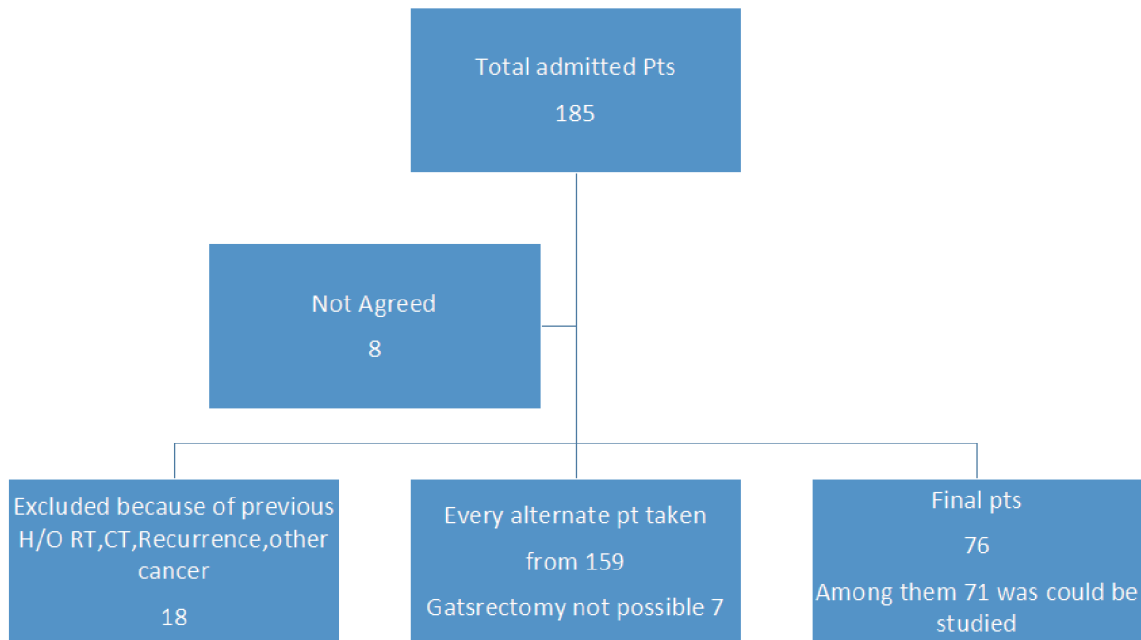


Figure 1. Showing the layout of patients.

PCR amplification

Primers were designed to amplify the coding region of *p53*. After PCR, 2% gel electrophoresis was done along with 1 kb DNA ladder to check the amplification of distinct PCR products. DNA was amplified in PCR machine in annealing temperature.

Sequencing

Purified PCR fragments were sequenced directly using a DNA sequencing kit according to Applied Biosystems from USA with Big Dye Terminators on an ABI3700 automated DNA sequencer for *p53* after proper primer designing exons 5 and 6 were used. Primer sequence was: *p53*-1 forward: 5'-ACAAGCAGTCACAGCACATGAC-3' and *p53*-1 reverse: 5'-TTCAGTAGAGAACGGGGTTTCACC-3'

DNA sequence analysis

The purified sequencing PCR products were analyzed by electrophoresis in the ABI-Prism 3130 Genetic Analyzer (Applied Biosystems, USA). The sequence patterns were observed and edited using Auto Assembler V 3.0 and BioEdit Sequence Alignment Editor V 7.0.9.0. *p53* polymorphisms were compared with the standard genome database of world population.

After finding the genetic changes it was matched with *H. pylori* status, clinicopathological profile like age, sex, tumor characters, types and location and grading of the tumor and

some environmental factors like smoking, oral intake of extra salt.

The clinical data were obtained from history, clinical examination and each medical record of the patients. The status of *H. pylori* infection was determined by examining the pre-operative sera.

Statistical analyses

Result of the study was calculated and analyzed by standard statistical method and was presented in forms of tables and figures. Continuous data were expressed as mean \pm standard deviation (SD). For analysis of data Statistical Package for the Social Sciences (SPSS) for Windows (IBM SPSS Statistics for Windows, version 22.0, Armonk, NY: IBM Corp.) software was used. To see the association between categorical variables Chi-squared test (or Fisher's exact test when applicable) was performed. Binomial logistic regression was used to explain the relationship between *p53* mutation and *H. pylori* infection, clinical and environmental factors in GC patients. A value of $P < 0.05$ was considered statistically significant in all analyses.

Results

Patients

Finally tissue samples from 71 patients could be examined for genetic tests. Selection of the patients in detail was shown in Figure 1. The mean age of the patients was 52.96 years old with

Table 1. Factors Related to *p53* Mutation

Factors	Positive	Percentage	Negative	Percentage	Total	P value
Smoking						
Smoker	33	75.0%	11	25%	44	0.436
Non smoker	19	70.4%	8	29.6%	27	
Age group						
≤ 40 yrs	17	94.4%	1	5.6%	18	0.015
≥ 41 yrs	35	66%	18	34%	43	
Location of the tumor						
Fundus	7	77.8%	2	22.2%	9	0.790
Body	20	69%	9	31%	29	
Antrum	25	75.8%	8	24.2%	33	
Extra salt intake						
Yes	41	80.39	10	19.60	51	0.033
No	11	55	9	45	20	
Morphology of the tumor						
Ulcerative	7	77.8	2	22.2%	9	0.939
Proliferative	23	71.9%	9	28.1%	32	
Ulceroproliferative	22	73.3%	8	26.7%	30	
Tumor (T)						
T1 - T3	42	79.2%	11	20.8%	53	0.05
T4	10	55.6%	8	44.4%	18	
Lymph node status (N)						
N0	26	83.9%	5	16.1%	31	0.05
N1 - N3	26	65.0%	14	35.0%	40	
Metastasis (M)						
M0	47	73.4%	17	26.6%	64	.218
M1	5	83.3%	1	16.7%	6	
Gender						
Male	37	77.1%	11	22.9%	48	0.219
Female	15	65.2%	8	34.8%	23	
<i>H. pylori</i>						
Positive	41	78.8 %	10	19.2%	51	0.043
Negative	11	21.15	9	17.3%	20	
Grading						
Well differentiated	3	5.76	0		3	0.247
Moderately differentiated	20	38.46	11	21.15	31	
Poorly differentiated	29	55.76	8	15.38	37	

SD of 13.26, ranging from 26 to 87 years; younger group (n = 18) was categorized as 40 years or below; male: female ratio was 48:23. As generally in the public hospital people from a lower socioeconomic condition take their services, we can assume that majority are from poorer section of the society. Tumor staging T1-T3, and grading G1, G2, and G3 was shown in Table 1. Morphology was categorized as proliferative and

ulceroproliferative ones, with the number is 62 (87.3%). *H. pylori* antibody analysis showed that among the 51 positive cases, 41 (80%) had mutated *p53* gene. The rest 11 cases with mutation were found among the 20 *H. pylori* non-infected cases. Chi-square test and Fisher's exact test showed that *H. pylori* infection has got strong association with the mutation (P = 0.033). The tumor was described as location, morphology,

Table 2. Logistic Regression Analysis of *H. pylori* and p53 Mutation (Dependent Variable: p53, Sample Size = 71)

Model summary			
Step	-2 Log likelihood	Cox & Snell R Square	Nagelkerke R Square
1	55.798 ^a	0.313	0.456

^aEstimation terminated at iteration number 6 because parameter estimates changed by less than 0.001.

and size. It was seen that to find correlation with location of the tumor (cardia, midbody and antral), majority (> 75%) of the lesion found in antral part (found no significant correlation with mutation), morphology of the tumor which was categorized as ulcerative, proliferative and ulceroproliferative didn't have any significant correlation with the mutation (P = 0.939), but the size of the tumor and lymph node involvement (N1 - N3) have significant correlation with the mutation (P = 0.05). Other factors like gender, smoking carried no impact on the mutation status. But extra salt intake in the regular diet had strong correlation with the mutation. Considering the age group, 18 patients were at or below 40 years of age, 17 of them had p53 mutation (P = 0.015), which reflects a very strong association with age. The logistic regression was performed to ascertain the effects of age, gender, tumor status (T), grading, node status, smoking, and extra salt intake. The model explained 66.0% (Nagelkerke R²) of the variance gene mutation of GC and correctly classified 87.0% of cases.

The Wald test ("Wald" column) is used to determine statistical significance for each of the independent variables. The statistical significance of the test is found in the "Sig" column. From these results we can see that morphology (2) (P = 0.037), Stage T (1) (P = 0.004), *H. pylori* (1) (P = 0.012), grading (P = 0.031), grading (2) (P = 0.008) and age group (P = 0.006) added significantly to the model/prediction, but other independent variables did not add significantly to the model.

H. pylori-infected cases, younger patients, T4 diseases, body tumors had more chances of association with p53 mutation, which was shown in Tables 2-5.

Table 3. Variables in the Equation

	Coefficient	SE	Wald	DF	Sig	Exp(B)
Smoking	-0.235	0.883	0.071	1	0.790	0.790
Location	-0.210	0.508	0.171	1	0.679	0.810
Extra salt	1.149	0.845	1.848	1	0.174	3.155
Morphology	-0.257	0.526	0.238	1	0.625	0.773
Stage T	1.822	0.863	4.454	1	0.035	6.184
Stage N	1.150	0.872	1.738	1	0.187	3.159
Stage M	-0.610	1.663	0.135	1	0.714	0.543
Sex	0.616	0.807	0.583	1	0.445	1.851
<i>H. pylori</i>	2.060	0.775	7.062	1	0.008	7.848
Grading	-0.837	0.609	1.890	1	0.169	0.433
Age group	2.693	1.330	4.103	1	0.043	14.780
Constant	-11.258	4.223	7.107	1	0.008	0.000

SE: standard error; DF: degree of freedom; Sig: significance level; Exp (B): exponentiation of the B coefficient, which is an odds ratio.

Discussion

In this study tissue sample from gastrectomy specimen was taken for p53 gene mutation, blood sample was taken for investigation about *H. pylori* status. Samples were sent to two different laboratories. Finally results of the two tests were matched to find the linkages between p53 gene mutation with *H. pylori* positivity. We also investigated the correlation of p53 mutation with age, sex, tumor profile and daily habits like smoking and extra salt intake in the daily diets.

H. pylori infection and p53 mutation

On gene analysis it was seen that among the *H. pylori* infected cases over 80% have alteration of p53 in the tested gene in the current series, despite of using only exons 5 and 6. Chi-square and regression analysis shows that they have strong and significant association. In Bangladesh there was no previous study in this field. Around the globe there are different studies covering this area. It has been suggested that *H. pylori* can initiate GC through p53 tumor suppressor mutation [19]. The p53 abnormalities have been assessed in several studies of GC associated with *H. pylori* infection [20, 21], but controversy still remains. Still it has been suggested that *H. pylori* initiates GC through p53 tumor suppressor mutation [19]. Other study concludes that *H. pylori* infection affects p53 expression in tumor tissue of GC sections. The average p53 expression was significantly higher in tumor than in normal tissues. Overall, the detection of p53 in tumor tissue of resected GC sections provided additional supportive evidence for the effect of *H. pylori* on its expression [22, 23] even in the form of chronic gastritis which was labeled as preneoplastic to neoplastic changes [22, 24].

Age and sex

On analysis of the altered p53 gene in this study, it was found that it had a strong correlation with age of the patients. The age group of this study was categorized as 40 years (younger) or below and 41 years or above; nearly all of the younger patients had gene mutation. It was a common fact that ageing and carcinogenesis runs together. Among many cancers it is observed that gastric and colorectal ones also occur more often in the elderly. Studies show that GC rarely occurs before the age of 40 years, with aging its incidence increases, and getting the peak in the seventh decade [25, 26]. Reasons may be that long-term exposure of cancer-causing agents has been offered for the age-dependent rise in malignancies [27]. Carcinogenesis, which is a multistep process, results from the accumulation of

Table 4. Contribution of Each Independent Variable to the Model and Its Statistical Significance

	B	SE	Wald	DF	Sig	Exp (B)	95% CI for Exp (B)	
							Lower	Upper
Step 1 ^a								
Smoking (1)	0.331	1.066	0.096	1	0.756	1.392	0.172	11.248
Location			3.610	2	0.164			
Location (1)	-0.185	2.100	0.008	1	0.930	0.831	0.014	50.999
Location (2)	2.196	1.191	3.397	1	0.05	8.985	0.870	92.801
Extra salt (1)	-1.596	1.077	2.198	1	0.138	0.203	0.025	1.672
Morphology			4.340	2	0.114			
Morphology (1)	1.464	1.443	1.029	1	0.310	4.324	0.256	73.155
Morphology (2)	2.358	1.132	4.340	1	0.037	10.573	1.150	97.220
Stage T (1)	-4.326	1.501	8.307	1	0.004	0.013	0.001	0.250
Stage N (1)	-1.590	1.108	2.058	1	0.151	0.204	0.023	1.790
Stage M			0.000	2	1.000			
Stage M (1)	18.106	40192.971	0.000	1	1.000	73013299.578	0.000	
Stage M (2)	-0.001	1.730	0.000	1	1.000	0.999	0.034	29.659
Sex (1)	-0.529	0.999	0.280	1	0.597	0.589	0.083	4.177
<i>H. pylori</i> (1)	-2.678	1.062	6.359	1	0.012	0.069	0.009	0.551
Grading			6.980	2	0.031			
Grading (1)	-19.315	21121.983	0.000	1	0.999	0.000	0.000	
Grading (2)	3.850	1.457	6.980	1	0.008	46.973	2.701	816.839
Age group	-5.221	1.907	7.496	1	0.006	0.005	0.000	0.227
Constant	2.308	1.974	1.367	1	0.242	10.053		

^aVariable (s) entered on step 1: smoking, location, extra salt, morphology, stage T, stage N, stage M, sex, *H. pylori*, grading, and age. SE: standard error; DF: degree of freedom; Sig: significance level; Exp (B): exponentiation of the B coefficient, which is an odds ratio.

mutations during progression from normal epithelium to carcinoma [28]. Their view expressed that in humans, the incidence of mutations of several tumor suppressor genes, specifically *APC*, *DCC*, and *p53* in the gastric mucosa, is higher in older subjects [25]. But other study found *p53* mutation in younger subjects of proximal stomach cancers [29]. In this study it is seen that younger patients are more prone to have gene mutation. Regarding to gender distribution, males are prone to develop GC, which matches with this study [25, 26]; but it is not found to have significant mutation in the current study.

Tumor profile

In this study, we tried to find correlation of *p53* mutation with the different domains of the tumor factor like morphology, lo-

cation, extension and grading. Though most of the tumors are located within mid body and antrum it does not have any significant correlation. On the other hand extension of the tumor, lymph node involvement had significant correlation with the genetic mutation. Though there is limited study on the clinical relevance with gene alteration, it has been shown in different previous studies that it is associated with advanced stage, higher grade [30, 31], and some study had found negative association with lymph node status, grading and metastasis [29].

Environmental factors

The first is extra salt intake. It has been seen that in some areas of Bangladesh people are prone to have more GC in their vicinity. On enquiry and also in the series some of the patients

Table 5. Odd Ratio of *p53* Mutation in *H. pylori*-Infected Patients

	<i>H. pylori</i>		Odd ratio	Interpretation
	Positive	Negative		
<i>p53</i> positive	41	11	3.35	People having positive <i>H. pylori</i> have 3.35 times the chance of <i>p53</i> mutation compared to people having negative <i>H. pylori</i> .

have routine habit to consume extra salt in their daily meals; on analysis it was found that it has strong correlation with *p53* mutation. A prospective study from a Japanese population suggests that high dietary salt intake (> 10 g per day) is a significant risk factor for GC, and this association was found to be stronger in the presence of *H. pylori* infection with atrophic gastritis [32, 33].

Smoking is also a common habit among the male in this part of the world. Since GC is a male dominant disease it is likely that smoking may be a predisposing risk factor of the disease. Though there were a good number of smoker patients (63.4%), 75% had *p53* mutation in our series; it doesn't have significant correlation on regression analysis and Chi-square test. Although the role of smoking in causing several other cancers has long been established, it was not until 2002 that the International Agency for Research on Cancer concluded that there was "sufficient" evidence of causality between smoking and GC [34]. In a large population-based study in Europe (EPIC), 17.6% of GC cases were related to smoking [35]. Though the exact mechanisms are unclear, studies predicted that oxygen radicals and increased apoptosis associated with smoking induces precancerous changes in the gastric epithelium, further promoting the progression of carcinogenesis [36]. There is limited study on association of *p53* mutation with smoking. But there are few studies on *p53* and cancer. In a larger Saudi study they found no association of *p53* mutation among the smokers [37]. A statistically significant association was found between *p53* mutations and exposure to tobacco smoke ($P = 0.001$), which was the only variable significantly associated with *p53* mutations in a multivariate model [38].

In Bangladesh, GC incidence is in rising trend. Regarding *H. pylori* infection, different studies directed that in the last 20 years infection is in down trend [39]. In a case control study [40] to see relationship of GC with *H. pylori* infection, it is well established that there is also a close association of *H. pylori* infection with GC. We have yet to find any molecular study. Within this limited facility we could finally explore the status of *p53* alteration which is remarkably present in our patients and have strong association with *H. pylori* infection.

Conclusions

As Bangladesh still being a member of the low economic country in the globe, it has to bear big burden and carry devastating tales of the GC patients. The disease has a higher mortality and poor patients have to bear intolerable sufferings in the terminal stages when the standard therapeutic measures cannot be offered. On the other hand it is established that the disease is an inflammation-associated cancer, and in addition to the inflammation, the *H. pylori* organism itself can directly cause genetic instability, which is also influenced by environmental factors and some host factors. The current study found genetic alteration in *H. pylori*-infected patients which is synergistically affected by clinical and environmental factors. Cure of *H. pylori* prior to development of different steps of carcinogenesis will essentially prevent the development of GC. It seems to be the fact that the status of *p53* in the tumor cannot inform about the stage of the tumor but assessing *p53* status may be beneficial in

early detection and monitoring of tumor relapse, by detecting *p53* antibodies and mutant *p53* DNA. Furthermore, analysis of *p53* status can serve as a tool in the prediction of effective therapeutic regimens, whereas *p53* itself particularly mutant *p53*, may represent targets for cancer therapy [41]. Additional molecular studies in a larger scale to delineate exact molecular mechanisms linking the relationship with environmental, demographic and host factors are needed. A large scale nationwide anti-*H. pylori* measures in the community particularly in the low income section of people may bring a drastic declining change for the future GC incidences.

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Author Contributions

M Mizanur Rahman designed and initiated the study, made a team, collected the literature, and regularly monitored during patient recruitment, sample collection, managed the fund, regularly monitored the works and played role for data compilation and analysis of the result and final drafting of the manuscript. M. Abu Kawser Sarker, Md Monoar Hossain, Md Monzurul Islam and Shajadul Alam were responsible for patient selection, scrutiny, sample collection from the operation theatre and all steps up to the laboratories, data collection and compilation. Laila Shirin was assigned for data analysis and drafting. Rokeya Sultana and Gazi Nurunnahar were responsible for dealing with the work of genetic part, primer designing, PCR amplification, sequencing and final analysis. It is stated that all authors have read and approved the manuscript.

Conflict of Interest

The authors declare that they have no conflict of interests. To

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