

# Overexpression of Programmed Death-Ligand 1 Receptor mRNA as an Independent Negative Prognostic Factor for Triple Negative Breast Cancer

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## Abstract

**Background:** Triple negative breast cancer (TNBC) (represents roughly 25% of all breast cancers in Yogyakarta) still has the worst survival compared to other breast cancer subtypes. Results from recent studies have shown that inhibition of programmed death-ligand 1 receptor (PD-L1) in TNBC patients is associated with better prognosis. Currently, data on PD-L1 expression and its prognostic value in Indonesian TNBC patients are still relatively unknown. This study aimed to investigate the expression of PD-L1 in Indonesian TNBC patients as preliminary proof to support PD-L1 inhibitor as a possible treatment option near in the future.

**Methods:** We retrospectively included stage I-III TNBC patients diagnosed between 2014 and 2017 in Dr. Sardjito Hospital, Yogyakarta, Indonesia. Clinical variables were collected from medical record. Paraffin blocks of biopsy specimen were retrieved to examine mRNA level of PD-L1.

**Results:** We included 48 subjects with mean age of 51.09 years and mean body mass index (BMI) of 24.58. The 3-year overall survival

(OS) was 58.3%. Overexpression of PD-L1 mRNA in TNBC patients is associated with worse prognosis ( $P < 0.01$ ). There were no statistically significant associations between PD-L1 mRNA expression and any of the clinicopathologic variables examined.

**Conclusions:** In summary, PD-L1 mRNA overexpression is associated with worse survival in Indonesian TNBC patients, independent of other established risk factors. PD-L1 mRNA is expressed in all of our samples, presenting as a feasible alternative or complementary method in deciding which patient might benefit from receiving PD-L1 inhibitor.

**Keywords:** PD-L1; Triple negative breast cancer; Prognostic factor; Indonesia

## Introduction

Triple negative breast cancer (TNBC) is immunohistochemically defined as the lack of estrogen receptor (ER) and progesterone receptor (PR) expression accompanied with the lack of human epidermal receptor 2 (HER2) overexpression [1]. Collectively TNBC has the worst survival compared to other breast cancer subtypes [2-7]. TNBC accounts for 10-20% of all breast cancers, which roughly translates into 200,000 new cases every year worldwide [8, 9]. Currently, there are no data on the prevalence of TNBC in Indonesia. The estimated incidence of breast cancer (BC) in Indonesia is 18.6/100,000 females annually [10]. A study reported that TNBC accounts for 25% of all breast cancer cases at Dr. Sardjito Hospital, Yogyakarta, Indonesia [11].

The rise of immunotherapy has opened new opportunities in TNBC treatment, especially with programmed death-ligand 1 receptor (PD-L1) inhibition. PD-L1, an immune checkpoint receptor, is expressed higher in patients with TNBC when compared to non-TNBC patients and is associated with worse prognosis. Results from recent studies have shown that inhibition of PD-L1 in TNBC patients is associated with improved prognosis, both as monotherapy in metastatic setting and in combination with systemic chemotherapy in neoadjuvant setting [12-15]. However, NeoTRIP trial showed that the addition of atezolizumab to carboplatin and nab-paclitaxel in early

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high-risk and locally advanced TNBC did not improve pathologic complete response (pCR) when compared to chemotherapy alone, suggesting the benefit of PD-L1 inhibitors might be affected by several factors, including PD-L1 expression, type of chemotherapy backbone and disease stage [16].

Currently, PD-L1 expression and its prognostic value in Indonesian TNBC patients is still relatively unknown. This study aimed to investigate the expression of PD-L1 in Indonesian TNBC patients as preliminary proof to support PD-L1 inhibitor as a possible treatment option near in the future.

## Materials and Methods

This study was a retrospective cohort study conducted at Dr. Sardjito Hospital, Yogyakarta, Indonesia. TNBC patients diagnosed in 2014 - 2017 were selected using a consecutive sampling method. Among 106 diagnosed patients, only 48 patients met the inclusion criteria with retrievable paraffin block for analysis. The inclusion criteria were patients with hormone receptor negative and HER2 negative; no history of inflammatory and immune disease; no history of diabetes mellitus, hypertension, cardiac, renal and hematological diseases. Patients with distant metastasis, inflammatory breast tumor, bilateral breast cancer and infectious diseases were excluded from this study. Tumor samples were obtained from formalin-fixed paraffin-embedded (FFPE) tissue stored at the Department of Anatomical Pathology, Dr. Sardjito General Hospital, Yogyakarta, Indonesia; Waskhita Laboratory, Yogyakarta, Indonesia; Panti Rapih General Hospital, Yogyakarta, Indonesia; and CITO Laboratory, Yogyakarta, Indonesia. Expression of PD-L1 mRNA was determined by using quantitative real-time polymerase chain reaction (qRT-PCR). We chose qRT-PCR over immunohistochemistry (IHC) since automated IHC examination, especially for PD-L1, was uncommon in Indonesia and we avoided to perform IHC manually due to its subjective nature and lack of standardization. For preparation of RNA from FFPE samples, the RNeasy FFPE kit (QIAGEN GmbH, Hilden, Germany) was used according to manufacturer's recommendations. Three sections of 10  $\mu$ m FFPE thickness were used per preparation. For quantitative PCR (qPCR), RNA/sample was amplified using the NEXpro™ qRT-PCR Master (SYBR) (Cat. No. NexQ-7000) in a Step One Real Time PCR System (BioneerExicycler™ 96 Real Time Quantitative Thermal Block). PD-L1 forward primer, 5'-TATGGTGGTGC-CGACTACAA-3', and PD-L1 reverse primer, 5'-TGGCTCC-CAGAATTACCAAG-3'. Glyceraldehyde-3-phosphate dehydrogenase (GAPDH) has been used for normalization of gene expression data. The cycling conditions were as follows: initial denaturation at 95 °C for 10 min, followed by 40 cycles at 95 °C for 20 s, annealing at 60 °C for 40 s and extension at 72 °C for 60 s. Clinical data and survival status were retrieved from medical records. Cutoff value for PD-L1 mRNA was determined by using receiver operating curve (ROC) to calculate area under the curve (AUC) and Youden index. Chi-square analysis was used to compare the expression of PD-L1 mRNA within each category of clinical characteristics. Survival analysis was performed using Kaplan-Meier and Cox proportional

hazard. All procedures of the present study were conducted in compliance with the Helsinki Declaration for research on human beings. This study has been approved by the IRB Ethics Committee Faculty of Medicine, Public Health, and Nursing, Gadjah Mada University/Dr. Sardjito Hospital, Yogyakarta, Indonesia.

## Results

From 106 diagnosed patients, 48 subjects were eligible for analysis. The mean age of the subjects was 51.09 years, while the median age was 50.24 years. Patients were divided into two groups according to its median value, 21 (43.8%) subjects were below 50 years old and 27 (56.3%) subjects were more than or equal to 50 years old. Of these 48 patients, the mean body mass index (BMI) was 24.58 and the median was 24.00. Fifteen (31.3%) subjects had BMI < 23 and 33 (68.8%) subjects had BMI  $\geq$  23. Of the patients, 45.8% were classified into early breast cancer (stage I and II) and the remaining 54.2% were classified into locally advanced breast cancer (stage IIIA-IIIIC). From histological examination, 62.5% was classified into grade 3, while 37.5% was classified into grade 1 and 2. Twenty-three patients (47.9%) received platinum-based chemotherapy, while the other 25 patients (52.10%) received anthracycline-based regimen. Twenty-seven patients (56.3%) were given chemotherapy before 60 days, while 21 patients (43.8%) received chemotherapy more than 60 days after diagnosis (Table 1).

Out of 48 patients included in this study, 28 patients (58.3%) were alive at 3-year follow-up, while 20 patients (41.7%) passed away (Fig. 1). Kaplan-Meier survival curve of 48 TNBC patients is shown in Figure 2, although the median of the survival was not yet achieved. All of the subjects expressed PD-L1 mRNA. Cutoff value of 46.875 was used to classify PD-L1 mRNA expression (Table 2, Fig. 3), with 38 patients (79%) having PD-L1 mRNA underexpression, while the remaining 10 patients (21%) had PD-L1 mRNA overexpression. Worse prognosis was observed in patients with PD-L1 mRNA overexpression ( $P < 0.01$ ) (Fig. 4). We further stratified PD-L1 mRNA expression according to clinical features such as age, BMI, histological grade, stage, chemotherapy regimen and time from diagnosis to chemotherapy, although significant association was not observed in any of the included variables (Table 3) (Supplementary Material 1, [www.wjon.org](http://www.wjon.org)).

## Discussion

TNBC subtype has an epidemiological, histopathological and clinical presentation different from other breast cancer subtypes. The characteristics of TNBC patients in Yogyakarta (Indonesia) described in this study showed similar feature pattern with TNBC patients in Bandung (Indonesia), including age at diagnosis, as well as clinical and histological characteristics [17]. Although it is important to note that Indonesia not only has numerous population (fourth most numerous in the world) but also heterogenous (comprised of more than

**Table 1.** The Clinicopathological Features of 48 TNBC Patients

Characteristic	N	Percentage
Age		
< 50	21	43.80%
≥ 50	27	56.30%
BMI		
< 23	15	31.30%
≥ 23	33	68.80%
Grouping stage		
Early breast cancer (I, II)	22	45.80%
Locally advanced breast cancer (IIIA-IIIC)	26	54.20%
Histological grade		
Low grade	18	37.50%
High grade	30	62.50%
Time interval from diagnosis to chemotherapy		
< 60 days	27	56.3%
≥ 60 days	21	43.8%
Chemotherapy regimen		
Platinum based	23	47.90%
Anthracycline based	25	52.10%

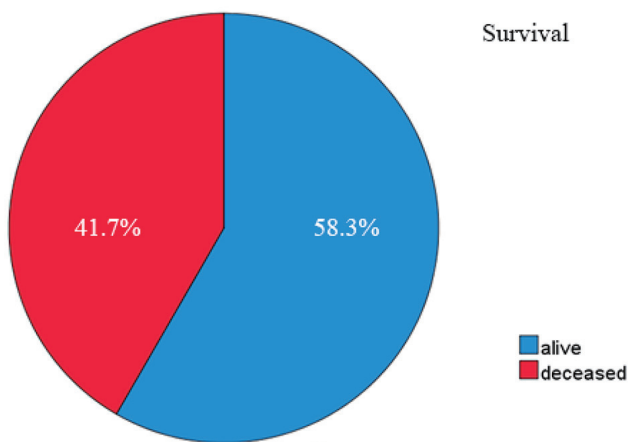
TNBC: triple negative breast cancer; BMI: body mass index.

730 ethnic groups), which might have influence on prognosis and response towards chemotherapy [18]. We observe that Indonesian TNBC patients tend to be older and have better prognosis compared to African American patients, suggesting race and genetic profile are important risk factors as well as prognostic factors in TNBC [1]. The 3-year OS in our study was 58.3% which is lower than the 85% rate reported by Srimuninnimit et al [19].

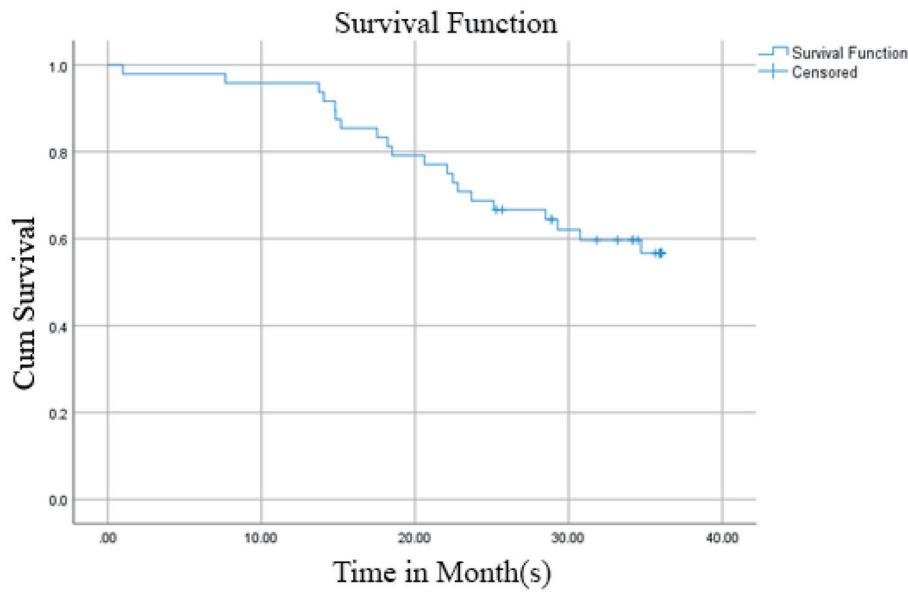
Programmed death-1 receptor (PD-1) is an immune checkpoint receptor and when bound to its PD-L1 ligand, results in immunoinhibitory response which contributes to cancer cell

survival and progression [20-23]. In PD-L1 expressing cancers, PD-L1 inhibition results in cancer cell death. On protein level, PD-L1 expression in TNBC tends to be higher when compared to non-TNBC with estimated frequency of 20-58% in all TNBC patients [24-28]. This trend is maintained on mRNA level. Previous studies reported higher PD-L1 mRNA level in TNBC when compared to non-TNBC, although the actual frequency of PD-L1 expression on mRNA level is consistently higher than on protein level [23, 24, 29]. In our study, all of our patients expressed PD-L1 mRNA with 38 patients (79%) having PD-L1 mRNA underexpression, while the remaining 10 patients (21%) had PD-L1 mRNA overexpression. Overexpression of PD-L1 mRNA in our cohort is associated with worse survival ( $P < 0.01$ ). Similar to our study, Ren et al reported significant association between higher expression of PD-L1 mRNA with worse prognosis. In this study, PD-L1 mRNA positivity using *in situ* hybridization was 74.4% but PD-L1 protein positivity according to IHC was only 6.7% [23].

Although current evidence on the prognostic value of PD-L1 of TNBC is still conflicting, it is generally accepted that inhibition of this receptor results in better treatment response [12-14, 30]. The discrepancy in the prevalence and clinical implications of PD-L1 expression could be attributed to the different methods to check the expression, variability in the different tumor types, and an inadequately defined evaluation score. The currently used IHC method to determine PD-L1 positivity is not yet perfect. As described by previous studies, PD-L1 inhibitor still results in some therapeutic benefit in patients with  $< 1\%$  PD-L1 expression, albeit less pronounced than in  $> 1\%$



**Figure 1.** Three-year survival rate of 48 TNBC patients. TNBC: triple negative breast cancer.



**Figure 2.** Kaplan-Meier survival curve of 48 TNBC patients. TNBC: triple negative breast cancer.

**Table 2.** Determination of Optimal PD-L1 Cutoff Value

Biomarker	Cutoff value	Sensitivity	Specificity	Youden index	AUC (95% CI)	P
PD-L1	46.875	43.8%	90.6%	0.344	0.586 (0.394 - 0.778)	0.336

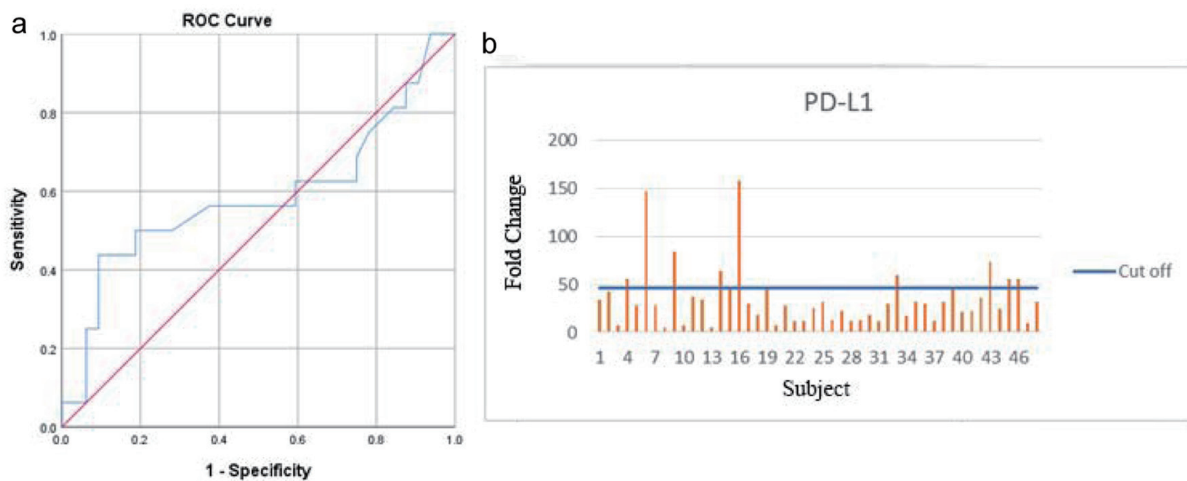
PD-L1: programmed death-ligand 1 receptor; AUC: area under the curve; CI: confidence interval.

expression [31, 32]. Examination method using mRNA might be a feasible alternative or complementary method in determining PD-L1 positivity and deciding which patient might benefit from receiving PD-L1 inhibitor, as mRNA of PD-L1 can be detected even in IHC negative tumor cells [24, 29].

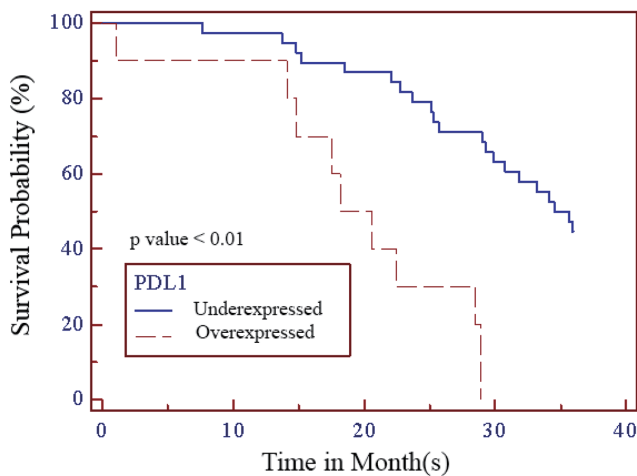
Inconsistent results across similar studies also suggest possibilities that timing and tumor microenvironment might have influence. In our study PD-L1 mRNA overexpression is not associated with other established prognostic factors such

as age, BMI, tumor/node/metastasis (TNM) and cancer stage.

This study has several limitations. Our study is a retrospective cohort study with limited sample size which requires follow-up study to validate its result. The small sample size that we have was in part contributed by the widespread storage of tissue sample in multiple labs which made tissue retrieval challenging. The amount of tissue stored from each patient was limited thus not enough to perform in-depth analysis. Comparative analysis towards IHC, the traditionally used method



**Figure 3.** Area under the ROC curve (a) and PD-L1 qRT-PCR result (b). ROC: receiver operating curve; PD-L1: programmed death-ligand 1 receptor; qRT-PCR: quantitative real-time polymerase chain reaction.



**Figure 4.** Kaplan-Meier survival curve of PD-L1 in TNBC patients. PD-L1: programmed death-ligand 1 receptor; TNBC: triple negative breast cancer.

to determine PD-L1 positivity, was not performed in this study. We were able to collect slides only from patients diagnosed in 2014 - 2017, which thus only allows for 3-year survival analysis.

**Conclusions**

In summary, PD-L1 mRNA overexpression is associated with

worse survival in Indonesian TNBC patients, independent of other established risk factors. PD-L1 mRNA is expressed in all of our samples, presenting as a feasible alternative or complementary method in determining which patient might benefit from receiving PD-L1 inhibitor. However, method standardization for PD-L1 mRNA testing is needed prior to routine implementation.

**Supplementary Material**

Suppl 1. Research data.

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**Table 3.** Association Between PD-L1 Expression and Clinical Features in TNBC Patients

Variables	Underexpression PD-L1	Overexpression PD-L1	P value
Age			0.654
< 50	16	5	
≥ 50	22	5	
Grouping BMI			0.103
< 23	14	1	
≥ 23	24	9	
Grouping stage			0.565
Early breast cancer (I, II)	18	4	
Locally advanced breast cancer (IIIA-IIIC)	20	6	
Histological grade			0.859
Low grade	14	4	
High grade	24	6	
Time interval from diagnosis to chemotherapy			0.788
< 60 days	21	6	
≥ 60 days	17	4	
Chemotherapy regimen			0.763
Platinum based	19	4	
Anthracycline based	19	6	

PD-L1: programmed death-ligand 1 receptor; TNBC: triple negative breast cancer; BMI: body mass index.



## Conflict of Interest

The authors have no conflict of interest to declare.

## Informed Consent

Written informed consent was obtained from the patients involved, including permission to use clinical data and reexamination of tissue specimen.

## Author Contributions

IP was involved in the work conceptualization, data curation, formal analysis, investigation, methodology, project administration, resources, supervision, validation, visualization, writing original draft and its subsequent revisions. DSH, AG and IW were involved in data curation, formal analysis, investigation and validation. ID was involved in conceptualization, methodology and supervision. TA and SM were involved in conceptualization, investigation, methodology, supervision and reviewing original draft.

## Data Availability

The authors declare that data supporting the findings of this study are available within the article.

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